

UFO UPDATE

By Harry Lebelson

Carl Jung, noted psychologist, once linked UFOs to human psychodynamics. In his book *Flying Saucers* (1959), Jung suggested that UFOs were mandalas, the circular symbols of order. Recounting the dream of a six-year-old girl, Jung draws the connection between mandala and flying saucer: "She dreamt she stood at the entrance of a large, unknown building. A fairy led her down a long colonnade and conducted her to a sort of central chamber. Similar colonnades converged from all sides. The fairy stepped into the center and changed herself into a tall flame." Jung's dream metaphor parallels many current UFO abduction cases, which fill the files of UFO organizations throughout the country today.

The scenario is familiar: A UFO lands, and an alien appears and escorts a "contactee" into the craft. The vehicle's interior appears large to the contactee once he is inside. The interior seems actually to exceed the outer dimensions of the craft. After being examined by the aliens, the story goes, the contactee is given a tour of the vehicle and is then

escorted from the craft. "As the mandala protects and defends the psyche of the girl in the dream, so, too, does it protect the contemporary abductee of UFO mythology," Jung states.

Berthold Schwarz, a New Jersey psychiatrist and advocate of Jungian thought, asserts, "I prefer to work with 'hidden contactees,' those who stand outside the glare of the spotlight. These people have in the past made excellent hypnotic subjects. They are not influenced by such cultural media as newspapers, TV, or movies. By probing their psychodynamics, we might well determine the true nature of UFOs."

From years of intensive research, Schwarz concludes that UFO sightings satisfy certain deep-seated human wishes. "At a time when we are faced with political, social, and ecological extinction," the psychiatrist comments, "it makes sense for some people to seize upon UFOs as saviors from the sky." Recall the famous Gallup poll in which 68 percent of those who were interviewed said they believe UFOs exist. Furthermore, more

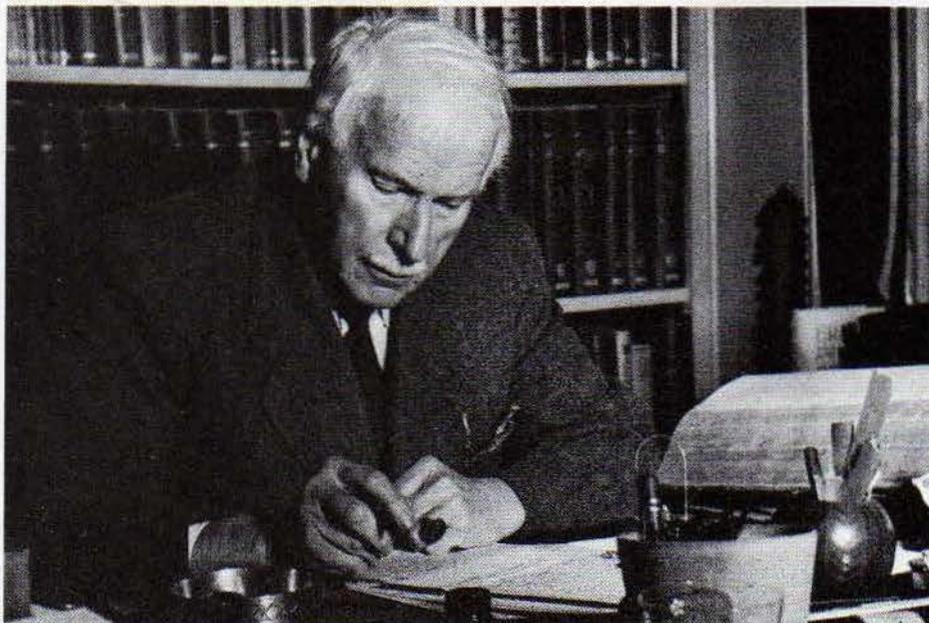
than 13 million Americans said they had actually seen such an object. Some of the individual contactee stories are even more bizarre than those of cult groups.

Margaret Ludeman, a Californian in her eighties, is a medium for a spirit entity named Hilarion. Commander of a UFO fleet hovering beyond the moon, Hilarion warns that Earth will soon self-destruct unless mankind ceases using atomic energy. Margaret has been communicating with her alien friend for the past ten years and continues sending his "word" to those who will listen. She has described events and occurrences far beyond the scope of her eighth-grade education. Unlike some spirit mediums, she does not commercially exploit her abilities. She lives as a retiree in a trailer camp and survives on social security.

A stranger, but equally true, story concerns Lydia Stalnaker, spirit medium, spiritual healer, and UFO contactee. Lydia summoned her spirit UFO entity, Antron, on a recent David Susskind show. Antron apparently speaks through Lydia and reinforces her ability as a spiritual healer. Lydia attempted to cure a member of Susskind's staff, who claimed he had a spot on his lung. This claim was later confirmed by his physician. An examination by an impartial doctor some weeks later revealed that the spot had disappeared. Lydia asserts that her abduction by a UFO when she was eight years old was responsible for the healing power she now possesses. Could she have had a Jungian dream?

One last excursion into the world of other realities concerns Marcia Moore. Co-author of the book *Journeys into the Bright World*, Marcia describes a world of higher consciousness under the influence of the hallucinogenic drug ketamine. Marcia and her husband, Howard Altounian, M.D., former deputy chief of the anesthesia department at the Seattle Public Health Hospital, collaborated on the book, published in 1978 by Para Research, Inc., of Rockport, Massachusetts.

Journeys documents a series of recorded drug experiments. An average of 50 milligrams of ketamine was administered
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Carl Jung, author of *Flying Saucers*, interpreted UFOs as protective symbols within the psyche.

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daily to both Marcia and her husband. Tapes of the experiments were made from April 1976 through February 1978. During session 6, on November 8, 1977, Marcia described her first contact with extraterrestrials: "I seemed to be in a place of wheels. It was being made manifest that all creation is based on some form of rotary motion, whether axial or around a greater center. There are whole hierarchies of archetypes descending from abstract to concrete realms of being, and this was the place where these patterning principles are given their initial momentum."

An all-too-familiar thread weaves its way through yet another of Marcia's inner journeys. "I strongly sensed the quality of benign beings, who for the sake of discussion can be labeled aliens. The unexpected conclusion of tuning in on the vibratory frequencies of these 'aliens' was the recognition that they were us! Or at least we were being used as tools of their reconnoitering."

This conforms to Jung's interpretation. "As our dreams show very clearly," the psychologist writes in *Flying Saucers*, "UFOs come from the unconscious background, which always expresses itself in numinous ideas and images. This strange phenomenon ... suggests that consciousness has lost its balance, enabling a one-sided view to prevail. If consciousness loses its balance, then man views things from one angle only and reduces them to a single principle involving a superior intelligence. Civilized man, like primitive man, is mindful of the gods, of the spirits, and of fate and the magical qualities of time and place."

While Moore's drug experiments appear to support Jung's hypothesis, an ultimate proof remains elusive. Could these cerebral UFO experiences indicate the need to search for a new "psychology of being"? Do we all desire to go beyond the material and social aspects of life? Lyall Watson suggests that man is undergoing a revolutionary change in consciousness, a heightening of awareness in the psychic realm, which may explain UFO phenomena.

One who disagrees is Desmond Morris, anthropologist and author of the best seller *The Naked Ape*. "I don't believe man is now developing new psychic properties," Morris declared. "Man has inherited ancient psychic abilities that, until now, have lain dormant owing to a preoccupation with scientific and analytical modes of thinking." Morris believes this highly developed specialization could be brought to light if science reevaluated its significance. "Slowly the scientific community is becoming more open to psychic thought, but it is not totally convinced of its genuineness. Rather than speculate on its origins, what's needed is to promote advanced research into new areas of physics and biology, which may lead to a better understanding of what UFOs are all about." **∞**

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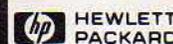
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